

CONESTOGA PUBLIC SCHOOLS TOWNHALL



HAPPY NEW YEAR!!



CONESTOGA HAS HIGH EXPECTATIONS DR. BETH JOHNSEN, SUPERINTENDENT

Missions and Goals

Missions and goals are words that give focus to “how and where” we want to be. Our district’s mission is, “Conestoga Inspires and Prepares Students for Life”. The heart of this mission is to have people and programs who inspire students to evolve and grow into young adults eager to take on early life challenges. Preparing students involves academically and mentally strengthening their abilities and skills for the next level, which we term as college and/or career ready. Our district’s goals are by 2025, Conestoga will consistently rank in the Top Academic 20% of Nebraska Public School Districts using standardized assessments and maintain student participation rate of 100% for school extracurricular activities. These are lofty goals and will need the “inspire and prepare” pieces of the mission to accomplish them. The importance of ranking within the top 20% gives the school district and families the recognition that we are ensuring that all kids are learning the essential skills and abilities to be successful for the next grade or level. Standards-based instruction and learning are how we give support to the “how and where” we want to be. Standards are skills that are specifically identified, such as the skill of multiplying fractions... either you know how to do it with ease or you are able to do it most of the time. Mastery of a skill or mastery of a standard is the ability to do it with ease. That’s our target point with preparing students to be able to do specific skills/knowledge references.

The district’s mission and goals are our guiding motivation for what and how we inspire and prepare students. We also believe that parents and families support these directives. Working as a team, with everyone believing in growing the skills and knowledge of all students, we can make the 2025 goals happen. Our 2018-2019 district percentile was considered to be within the Top 40% of Nebraska public schools. Our Elementary composite percentile was within the Top 31%, the Junior High composite percentile was within the Top 24%, and the High School composite percentile was within the Top 68%. These scores do not represent Conestoga... we have great students and great staff, we’re better than our scores reflect. By working together, we can do better and help our kids learn what they need to easeful know for skills and abilities.

At Conestoga, we will work hard to find ways to help our kids. Please contact the school buildings with your concerns, insights, and support. As we work together to improve our students’ skills and abilities, we help prepare our future to be college and/or career ready!

A NOTE FROM THE JR./SR. HIGH PRINCIPAL MR. ROB GEISE

The 2019-2020 school year is half over and as we close out 2019 and head into 2020, I can’t help but reflect on how fortunate I feel to be a part of such an outstanding district. We have amazing students, parents, teachers, administrators and an outstanding board of education. Every person associated with our students cares about them and wants them to succeed. It doesn’t stop there - the secretaries, para-professionals, kitchen staff and custodians all want what is best for our students. It truly is an amazing place.

The first semester was a blur, but full of changes and initiatives designed to help our students. With outstanding procedures and an amazing culture already in place, we’re working hard to take the next step to bring the school to an even higher level. With high expectations in place both behaviorally and academically, we continue to implement additional initiatives to improve culture in and out of the classroom. This has been done through our coaches / sponsors along with our teachers utilizing technology and best practice in the classroom to enhance learning. We continue to recognize the great things our students accomplish in and out of the classroom, we’re highlighting staff members and putting interventions in place at all levels to ensure students are learning essential standards. Our students received lessons on digital citizenship and our newly designed Building Leadership Team meets monthly to ensure communication is at a high level in order to elevate our school to the highest level in the state.

As we move into the second semester, we are in the planning stages of ensuring our students are prepared for the ACT (ACT Prep), identifying essential standards, adjusting the schedule for 2020-2021 and improving our Instructional Model. We also plan to implement an academic accountability program called “ICU” to ensure parents are notified of their child’s work as well as to ensure students complete all work to best learn essential standards. Our professional learning communities (PLC’s) will meet bi-weekly to ensure each department is moving forward to best serve our students. We take pride in getting better every day.

I hope you all have a blessed Holiday Season and a great 2020!

A NOTE FROM THE ELEMENTARY PRINCIPAL

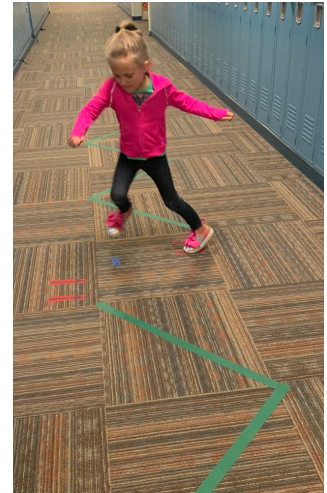
MR. ERIC DENNIS

Building Social and Emotional Learning at School

One aspect of social emotional learning focuses on teaching students to regulate their emotions. Understanding how to regulate one's emotions is an important skill to have not only in school, but in life. One way that schools help students regulate their emotions is to have sensory paths and kits available. Sensory paths are designed to help students build hand eye coordination, balance and special awareness. Sensory paths can also help students who need to calm their bodies or those who need to increase their energy levels.

Recently, Conestoga Elementary has made sensory paths for students in the hallways. These paths offer all students the opportunity to self-regulate through jumping, pushing, and other ways of releasing energy to help focus the body. The sensory kits are used in the classroom setting when a student needs a break to calm their bodies and/or focus their learning.

These items were donated by the Occupational Therapy students at Grand Island Central Community College under the instruction of Callie Watson. We would like to thank the students and staff of GICCC for these generous donations.



STUDENT SERVICES

DIRECTOR OF STUDENT SERVICES, AMANDA WRIGHT

IEP vs. 504 Plan

Special Education is full of acronyms and vocabulary that can make the process confusing and difficult to understand. Two documents that are important to be aware of are IEPs (Individualized Education Plans) and Section 504 plans.

An IEP is an in-depth plan for a child who meets eligibility requirements of having one or more of the thirteen disabilities set forth by federal law. Examples include a learning disability, emotional disturbance, and other health impairment. The IEP addresses present levels of academic and functional performance, annual goals, accommodations and modifications, how the child will participate in state and district assessments, extended school year services, an outline of special education services and supports, related services if necessary, and anything else that applies to the child's unique needs.

A Section 504 Plan is a plan for how the school will provide support and remove barriers for a student with a physical or mental impairment that limits a major life activity. Examples include asthma, diabetes, and depression. A 504 plan generally includes accommodations, supports, and services that will be provided. IEPs and 504 plans are legally binding documents that are tied to specific federal laws. In both cases, services and supports are provided with no cost to parents.

For more information about IEPs and Section 504 Plans, please feel free to contact Amanda Wright at awright@conestogaps.org.

ACT: BRINGING THE HEAT

JR./SR. INSTRUCTIONAL COACH: MS. LEWIS

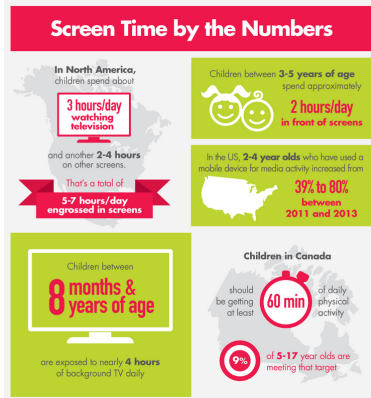
As we approach the spring semester, we want to provide opportunities for students to practice and maximize their potential on the ACT. As a state requirement, our juniors will be completing the ACT test at Conestoga High School in the spring. Following pre-ACT testing from the fall, sophomore and junior students have been exposed to testing and reported areas of need to prepare themselves. Moving forward, we would like to present opportunities for our students to study and prepare for testing. This would include in school opportunities, out of school events, and online/mobile platforms. The intentions for this opportunity is to allow students to maintain and grow their scores on the ACT and prepare for any formal testing they may take in the future. All dates and activities will be posted on the "Conestoga ACT Prep" site linked through the school website. Parents, teachers, and students can reach up-to-date information and testing resources through this site or by using the attached QR Code.

Direct Further Questions to Robin Frost, Curriculum Director
Kyleigh Lewis, Instructional Coach



ELEMENTARY INSTRUCTIONAL COACH CORNER

ELEMENTARY INSTRUCTIONAL COACH: MRS. BERGMAYER



In my role, I am so fortunate to get to work with both students and adults on a daily basis. This year there has been a heightened awareness for the social and emotional well being of not only students but also adults. The teachers at the elementary have been taking some time to learn how to build their personal resilience while at the same time building their capacity in supporting students who are just beginning to build their own resilience toolbox. While the teachers have been working together through an after school book club we thought it would be great to get some resources out to the students and families too! With the rise in social media and technology amongst our youth, there is a need to provide children with the ability and resilience tools to manage themselves on social media. Please be sure, as parents and guardians, you are taking an active role in your child's digital life. Below are some basic strategies, if you would like more information please contact me at lbergmeyer@conestogacougars.org.

Helpful Guidelines for Kids & Social Media!

- *Set the rules** for social media use right from the start
- *Know** what they're doing and who they're interacting with
- *Make sure** you have them as friends on social media *(It also helps to be online friends with their friends)*
- *Monitor**, but don't dictate to them, you want them to trust you
- *Be aware** of what you're posting, yourself, that they may see or read

by Fiona in Australia of "Inspiration to Dream"
WorldMomsBlog.com Contributor
Read Full Post: <http://wp.me/p2K54v-5Ux>

Credit images to: <https://www.fix.com/blog/kids-and-screen-time/>
<http://www.worldmomsnetwork.com/2014/02/24/australia-keeping-children-safe-social-media/>

COLLEGE PLANNING CHECKLIST

SCHOOL GUIDANCE DIRECTOR, MRS. KREIFELS

Seniors, complete your FAFSA

If you haven't already, complete your FAFSA (Free Application for Federal Student Aid). Need help? Use our FAFSA Tools or call us to make an appointment for free help: Omaha - 888.357.6300 or Lincoln - 800.303.3745.

Juniors, prepare for the ACT

All Nebraska high school juniors will take the ACT Test this spring. Ask Mrs. Kreifels and your teachers about test-prep options.

Search for scholarships

Use EducationQuest's free ScholarshipQuest tool to find Nebraska-based awards. You'll also find links to national scholarship sites.

Update your Activities Resume

EducationQuest's free Activities Resume is an easy way to track your extracurricular activities, accomplishments, volunteer work, and part-time jobs. The information is then readily available when you apply for scholarships and employment.

Volunteer

In addition to giving back to your community, your volunteer work can lead to scholarship opportunities. Make sure you track your involvement on your Activities Resume.

January "To Do" List

Seniors:

- ___ If you haven't already, complete the FAFSA.
- ___ Apply for scholarships, see ScholarshipQuest for Nebraska-based awards.
- ___ Update your Activities Resume.
- ___ Follow EducationQuest on Facebook, Twitter, and Instagram for a chance to win a \$500 scholarship.

Juniors:

- ___ Update your Activities Resume.
- ___ Register by January 10 for the February 8 ACT.
- ___ Register by February 14 for the March 14 SAT.
- ___ Follow EducationQuest on Facebook, Twitter, and Instagram for a chance to win a \$500 scholarship.

ELEMENTARY MUSIC

ELEMENTARY MUSIC TEACHER: MS. BAIR

It was a very busy and exciting first semester for the Elementary Music Department. We have started using a new online curriculum resource called Quaver Music which has a lot of new interesting and dynamic songs, interactive music games, videos, and lessons to enhance musical learning. The lessons are quirky, fun, and fast-paced with an emphasis on musical literacy. The students and I have been having a lot of fun learning the new program and branching out on this new musical adventure.

In November the Fourth, Fifth, and Sixth grade students performed "We the People" for the Conestoga Veterans Day Program at the High School. The lyrics come directly from the United States Constitution so in addition to learning the song we spent some time learning about the Constitution and our government. We also learned about Katherine Lee Bates's trip across the United States that inspired her poem that later became the song "America the Beautiful" which was sung by the K-12 student body and the audience at the conclusion of the Veterans Day Program.

On December 6th the Kindergarten, First, Second, and Third grades presented their annual Winter Program to a standing room only crowd. We spend several weeks learning a variety of songs for the winter season and enjoyed performing for our families and the Conestoga community.

We are looking forward to fun and exciting second semester with a trip to see the Omaha Symphony for the Fifth graders in January and performances by the Fifth and Sixth grade bands and the Third graders at the PTO Ice Cream Social on March 5th and the Fourth, Fifth, and Sixth graders as well as the bands at the Spring Program on April 15th.



ELEMENTARY P.E.

ELEMENTARY P.E. TEACHER: MRS. HARVEY

We have been busy in Elementary P.E. so far this year. We have already covered throwing and catching, dribbling, chasing, fleeing, dodging and invasion games, striking with our hands, and short and long-handled implements. We have gotten to use tennis rackets, hockey sticks, basketballs, lollipop paddles, the parachute, scooters, and many other pieces of equipment to increase our skill level in these topics. As we start the second half of the school year we will work on jump rope, kicking, punting, and review many of the skills we have already been working on. We do not play traditional games (basketball, volleyball, baseball, etc.) in Elementary P.E., but instead do skill-based tasks, or small-sided games to give students the opportunity to have as many chances as possible to learn and practice their skills. Students work on not only the skills that we are learning, but also we focus on being a good teammate, and a good sport in all activities that we do.



THE STRATEGIC INITIATIVE GROUP

WRITTEN BY: MRS. MCHENRY & MRS. MORTON

The Strategic Initiative group, Curriculum Innovations is organizing the first ever Conestoga College and Career Fair on Wednesday, February 12, 2020. To kick off the event, colleges and careers will set up booths in the gym at 11:30, and junior high and high school students will rotate through and learn about a variety of careers and colleges. The rest of the afternoon, students will be broken down into small groups and rotate through classrooms listening to a variety of presenters. Sessions will last about 30 minutes and provide students the opportunity to learn about different careers and also ask questions. A wide variety of careers will be present. The afternoon will be fun and educational for all students.

BUSINESS DEPARTMENT

BUSINESS TEACHER: MR. BROKAW

With 2019 ending, Conestoga Business Students and FBLA members have been super busy with projects, field trips, and fundraisers. FBLA raised \$494 dollars to donate to the American Cancer Society for their No-Shave November Project. Funds were raised through class donations, t-shirts/sponsors, and selling stick-on mustaches at the Elementary School. Staff helped "grow" awareness by growing out their facial hair, and thanks to Conestoga Skilled and Technical Sciences department designing our awesome trophies. First place was awarded to Mr. Geise, second to Mr. Kuehn, and third was split between Mr. Swantek and Mr. Thies. Fourteen Conestoga Business students attended the Junior Achievement of Lincoln's Stock Market Challenge. A two-hour, 60 turn simulation of the Stock Market forced students to calculate, adapt, and read the market against schools from across the state. Our highest earning team, the Stalks of Conestoga, consisting of 11th graders Keeli Hollman and Kaitlyn Berger, earned a return of 1742% on their investments and placed 11th out of 67 teams.



SKILLS USA

INDUSTRIAL TECHNOLOGY TEACHER: MR. BURNS



SkillsUSA has officially been rebooted! SkillsUSA is a United States career and technical student organization serving more than 395,000 high school, college and middle school students and professional members enrolled in training programs in trade, technical and skilled service occupations, including health related occupations. For many years to come our students will be able to compete, learn, and thrive in their desired occupation. The primary competition for SkillsUSA will be from April 2-4 at the state conference in Grand Island, NE. Students will have the opportunity to compete against other students from all over the state to gain scholarship opportunities as well as a chance to compete at the National conference over the summer. So far this year we have about 17 students signed up motivated to compete at the state competition. Right now we are looking for sponsors to support our endeavors and start up this important chapter at our school. If you would like to support Conestoga SkillsUSA please contact Mr. Burns at rburns@conestogaps.org

LIBRARY

LIBRARIAN: MRS. ZAHN

It's been fun working in the library with students this year! It's encouraging to see students value their checkout time. They want books in their hands and we want them in theirs. Readers have been submitting stellar book reviews and may earn the chance to read their review in morning announcements. Thanks to donations and PTO Fall Book fair, more than 100 fiction books have been added to our library! Various nonfiction books have increased the currency and variety within our selection. Students 4-6th grades have been on The Great Expedition working in teams as assigned on 10 research and task challenges. This game is great for increasing the life skills of collaboration, persistence, and asking questions. Recently, they've begun learning and/or reviewing their technology skills on Keynote presentations on 4th-Self in school, 5th-animal, and 6th-state. Upcoming skills include research projects. Kindergartens were overwhelmed at first then develop a keen interest in their world and fiction stories. Kindergarten through third work on understanding alphabetization, understanding fiction versus nonfiction, and reference resources. Upcoming skills include typing. Be sure to keep reading and encouraging your student to explore their interests. One of the greatest gifts is curiosity, resilience, and conversations. Growth continues for all.

HIGH SCHOOL HEALTH

JR. / SR. HEALTH & P.E. TEACHER: MR. STECKLER

High school health has a new look this school year with the adoption of the “Health Education Today” program. The overarching theme of this curriculum is to help teens master skills, make wise choices, and have healthy responses to ever-changing life issues. The motto of the program is ‘Helping teens acquire the skills and wisdom to be above unhealthy influences.’ “Health Education Today” empowers students to choose an “I will” attitude in making healthy responses to whatever curveball life may throw their way. High School Health is a one-semester class taken during a student’s freshman year. The main topics that will be covered are: Empathy, Violence, Diseases, Stress, Sex Education, Alcohol, Drugs, and Tobacco, which includes the latest information and potential dangers of e-cigarettes/vaping use. Many fantastic student-driven discussions were held during the first semester class, and I feel that the information discussed was well received by the students. As we know, many circumstances in teen’s lives are beyond their control, but they can control their responses to those events. They have the power to make positive choices and find success in life, even in the face of personal hardships or peer pressures. My goal is to help them master these skills.

NEWS FROM THE NURSE

SCHOOL NURSE: MRS. MARTIN



There has been a lot of information in the media about E-cigarettes and Juuls. Here are some facts from the CDC and a link to more information.

What Are E-cigarettes?

- E-cigarettes are electronic devices that heat a liquid and produce an aerosol, or mix of small particles in the air.
- E-cigarettes come in many shapes and sizes. Most have a battery, a heating element, and a place to hold a liquid.
- Some e-cigarettes look like regular cigarettes, cigars, or pipes. Some look like USB flash drives, pens, and other everyday items. Larger devices such as tank systems, or “mods,” do not look like other tobacco products.
- E-cigarettes are known by many different names. They are sometimes called “e-cigs,” “e-hookahs,” “mods,” “vape pens,” “vapes,” “tank systems,” and “electronic nicotine delivery systems (ENDS)”
- Using an e-cigarette is sometimes called “vaping” or “JUULing.”

Some e-cigarettes look like regular cigarettes, cigars, or pipes. Some look like USB flash drives, pens, and other everyday items.

How Do E-cigarettes Work?

- E-cigarettes produce an aerosol by heating a liquid that usually contains nicotine, flavorings, and other chemicals that help to make the aerosol.
- The liquid used in e-cigarettes often contains nicotine and flavorings. This liquid is sometimes called “e-juice,” “e-liquid,” “vape juice,” or “vape liquid”
- Users inhale e-cigarette aerosol into their lungs. Bystanders can also breathe in this aerosol when the user exhales it into the air.
- **E-cigarette devices can be used to deliver marijuana and other drugs.**

What Is JUUL? News outlets and social media sites report widespread use of JUUL by students in schools, including classrooms and bathrooms.

- JUUL is a brand of e-cigarette that is shaped like a USB flash drive. Like other e-cigarettes, JUUL is a battery-powered device that heats a nicotine containing liquid to produce an aerosol that is inhaled.
- All JUUL e-cigarettes have a high level of nicotine. According to the manufacturer, a single JUUL pod contains as much nicotine as a pack of 20 regular cigarettes²
- JUUL is one of a few e-cigarettes that use nicotine salts, which allow particularly high levels of nicotine to be inhaled more easily and with less irritation than the free-base nicotine that has traditionally been used in tobacco products, including e-cigarettes.
- News outlets and social media sites report widespread use of JUUL by students in schools, including classrooms and bathrooms.
- Approximately two-thirds of JUUL users aged 15 – 24 do not know that JUUL always contains nicotine.
- Although JUUL is currently the top-selling e-cigarette brand in the United States, other companies sell e-cigarettes that look like USB flash drives.

Examples include the MarkTen Elite, a nicotine delivery device, and the PAX Era, a marijuana delivery device that looks like JUUL.

- Additional information about USB-shaped e-cigarettes and actions that parents, educators, and health care providers can take to protect kids is available at [cdc.gov](https://www.cdc.gov).

What Is in E-cigarette Aerosol?

- E-cigarette aerosol is NOT harmless “water vapor.”
- The e-cigarette aerosol that users breathe from the device and exhale can contain harmful and potentially harmful substances, including: Nicotine, Ultrafine particles that can be inhaled deep into the lungs, Flavorings such as diacetyl, a chemical linked to a serious lung disease, Volatile organic compounds, Cancer-causing chemicals, Heavy metals such as nickel, tin, and lead¹.
- The aerosol that users inhale and exhale from e-cigarettes can expose both themselves and bystanders to harmful substances.
- It is difficult for consumers to know what e-cigarette products contain. For example, some e-cigarettes marketed as containing zero percent nicotine have been found to contain nicotine.

Flavors and Marketing Make E-cigarettes Appealing to Youth

- Many e-cigarettes come in fruit, candy, and other kid-friendly flavors, such as mango, fruit and crème.
- A majority of youth e-cigarette users report using flavored varieties, most youth e-cigarette users first start using e-cigarettes with a flavored variety and flavors are the primary reason youth report using e-cigarettes.
- E-cigarettes are also advertised using the same themes and tactics that have been shown to increase youth initiation of other tobacco products, including cigarettes. In 2016, about 8 in 10 middle school and high school students—more than 20 million youth—said they had seen e-cigarette advertising.
- Widespread advertising for these products, including via media for which advertising for conventional tobacco products is prohibited (e.g., TV), and the lower costs of some of these products relative to conventional cigarettes has contributed to the increase in e-cigarette use among youth.
- Many youth also report using e-cigarettes because they are curious about these new products, and because they believe these products to be less harmful than conventional cigarettes.

Talk to your child or teen about why e-cigarettes are harmful for them. It’s never too late.

Where Can I Learn More?

https://www.cdc.gov/tobacco/basic_information/e-cigarettes/severe-lung-disease/need-to-know/index.html

CONESTOGA WINTER ACTIVITY SEASON

ACTIVITIES DIRECTOR: MR. JASON AHRENS

The 2019-2020 winter activity season is underway and it's gotten off to an exciting and promising start for all of our sports teams. The wrestling team won the annual Cougar Classic for the second consecutive year, the boys basketball team opened up the season with a last second home win over the Louisville Lions, and the girls basketball team is making great strides early in their season.

I want to thank everyone for playing a part in getting this sports season off to a great start and specifically thank a few groups.

Thank you to HyVee in Plattsmouth for sponsoring our winter sports preview and our halftime half-court shot to help promote our student-athletes.

Thank you to the students participating in our winter activities and the coaches/sponsors leading the way. The effort and time given by everyone is appreciated and plays a huge role in creating the environment and culture we want at Conestoga High School.

Thank you to all the community members who have helped support our students in a number of different ways specifically to our Booster Club who does so much to help our students and the different activities we have here at Conestoga.

Winter Sports Season Information

Online Activities Calendar: The full schedule of each activity at Conestoga including the competition schedules can be found on the school website: www.Conestogacougars.org or by downloading the ActivityScheduler app.

Team App: Each Conestoga Program or Group has their account on TeamApp and utilizes it to communicate quickly and directly to the students and parents within their group. This is where you will receive important updates including practice and game schedule changes.

Live Stream: Check out the Conestoga Cougars live online! ALL varsity home contests will be available to watch on the Conestoga Broadcasting page on [youtube.com](https://www.youtube.com)

Winter Activities Poster Schedule: Poster and Pocket Schedules for the winter activities season are available at the high school.

Upcoming Home Varsity Events:

Wrestling Duals

January 6th - Omaha Gross @6:00pm
January 9th - Treynor @7:00pm

Boys Basketball

January 4th - East Mills, IA @ 3:30pm
January 14th - Nebraska City @ 7:45pm
January 21st - Palmyra @7:45pm
January 28th - HTRS @7:45pm
January 30th - J.C.C. @7:30pm

Girls Basketball

January 11th - Falls City @ 4:30pm
January 14th - Nebraska City @ 6:00pm
January 21st - Palmyra @ 6:00pm
January 28th - HTRS @ 6:00pm
January 30th - J.C.C. @ 6:00pm

CONESTOGA WRESTLERS OWN THE MAT IN THE EARLY SEASON

WRESTLING COACH: MR. SEAN TRAMPE

The 2019-20 wrestling season has gotten off to a great start. Our 21 wrestlers have been working hard in practice and their efforts have been rewarded in our early season competitions. Strong leadership from our seven seniors and four juniors have helped our younger wrestlers quickly learn what it takes to be successful at the high school level.

The Cougar wrestlers were champions of the Conestoga Cougar Classic, scoring over 200 team points and outpacing runner-up Bishop Neumann by nearly 50 points. Ethan Williams, Braden Ruffner, Keaghon Chini and Jacob Dragon all earned championships at the tournament, with nine other teammates placing in the top four of their respective brackets.

The team learned a great lesson about the importance of every teammate pulling their weight at the Raymond Central Dual tournament on Dec. 13th. In this tournament we wrestled five duals against quality teams and were able to post a 4-1 record and bring home a second-place finish. Our wrestlers did an outstanding job of feeding off each other's positive energy which helped us win several big matches. The experience gained from the dual tournament will be invaluable down the road as we continue to wrestle against some of the state's top competition in preparation for the postseason.

Several Cougar wrestlers are featured in the latest state rankings. Ethan Williams, Braden Ruffner, Cameron Williams and Owen Snipes are all currently rated in the top eight of their weight class. We believe we have several other wrestlers on the team deserving of statewide consideration as well. Additionally, our team is currently ranked 9th in Class C by respected wrestling outlet Huskermat.

Come check out the team in our home dual competitions against Omaha Gross Catholic (1/6/2020 @ 6:00 p.m.), Treynor, IA (1/9/2020 @ 7:00 p.m.) and Fort Calhoun (2/6/2020 @ 7:00 p.m.). We look forward to a strong finish to a season that has so far been very fun and successful, and we appreciate the continued support of the Conestoga community!



CENSUS UPDATES

Conestoga Public Schools strives to keep informed of the changing needs of the community and its population. The Nebraska Department of Education mandates a census of all children age 5-18 to be taken and reported during the summer for this purpose.

ARE YOU NEW TO THE AREA? IS THERE A CHANGE IN YOUR HOUSEHOLD?

We would appreciate you taking a few minutes to call the District office with the information 402-235-2992.

Complete this form and mail it to the district office; PO Box 184 Murray, NE 68409

or

Email ntrofholtz@conestogaps.org

Thank you for your cooperation and we look forward to hearing from you!

Adult Household Member: _____

Adult Household Member: _____

Address (physical and mailing): _____

Phone: _____

Names of Children Under 21
at home.

Code

Sex: M or F

Date of Birth

1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
6. _____	_____	_____	_____
7. _____	_____	_____	_____
8. _____	_____	_____	_____

Code: P- Public School NP-Non Public School H-Home School C-College I-Idle

Conestoga Public Schools
P.O. Box 184
Murray, NE 68409-0184
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Murray, NE
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